*Combined results of items in the scale*

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Scale | Number of items before combining | Number of symptoms after combining | Item | Symptoms after combining |
| SDS | 20 | 19 | Q17: I feel like I'm a useful person, and someone needs me. & Q19: I believe that if I were to die, others might be better off. | Worthlessness |
| SCL-90 | 13 | 12 | Q14: Feel your energy levels drop and your activities slow down. & Q71: It's hard to do anything. | Energy loss |
| CES-D | 20 | 17 | Q3: I feel down, even with the help of family and friends. & Q6: I feel down. | Low mood |
|  | 20 | 17 | Q12: I feel happy. & Q16: I have a happy life. | Anhedonia |
|  | 20 | 17 | Q7: I find it hard to do everything. & Q20: I lack the motivation to do things. | Energy loss |
| CDI | 27 | 24 | Q7: Self-hatred. & Q3: Self-depreciation. & Q24: Self-depreciation (compared to peers). | Psychological inferiority |
|  | 27 | 24 | Q15: Learning difficulties & Q23: Underachieve. | Learning difficulties |
| DSRSC | 18 | 16 | Q2: Enjoyed a very sound sleep. & Q14: Have a nightmare. | Poor sleep |
| DSRSC | 18 | 16 | Q10: Life is boring & Q12: Like a variety of things | Interest/ Pleasure loss |
| BDI-I | 21 | 19 | Q2: 0, I'm not pessimistic about the future. 1, I feel pessimistic about the future. 2, I feel like I have nothing to look forward to. 3, I feel that the future is hopeless and nothing can get better. & Q3: 0, I don't look like a loser. 1, I think I fail more often than the average person. 2, When I look back on the past I see many failures. 3, I feel that I am a complete failure. | Sense of hopelessness |
|  | 21 | 19 | Q5: 0, I don't have a strong sense of guilt. 1, I feel guilty about many things I have done or should have done but didn't. 2, I feel guilty most of the time. 3, I feel guilty at any time. & Q8: 0, I don't blame or criticize myself any more than I did in the past. 1, I blame myself more than I used to. 2, Whenever I am at fault, I blame myself. 3, Whenever something bad happens, I blame myself. | Guilty/Self-accusation |
| BDI-II | 21 | 20 | Q5: Guilty & Q8: Self-accusation | Guilty/Self-accusation |
| CBCL\_BOY | 17 | 16 | Q18: Intentionally harming oneself or attempting suicide. & Q91：Expressing the intention to commit suicide. | Suicidal ideation |
| CBCL\_GIRL | 18 | 17 | Q12: Often talk about feeling lonely. & Q111: Lonely and unsociable. | Feeling Lonely |
| MFQ-C | 33 | 26 | Q7: Feeling uneasy. & Q22: Crap happens. | Psychic anxiety |
|  | 33 | 26 | Q6: Slower than usual in activities. & Q13: Speaking slower than usual. | Retardation |
|  | 33 | 26 | Q16: Life is not worth living. & Q17：Thinking about death. & Q19：Thinking of suicide. | Suicidal ideation |
|  | 33 | 26 | Q8: No longer a good person. & Q9: Feeling self-blame for things that aren't my fault. & Q24: Considering oneself a bad person. & Q31: It's wrong to do anything. | Guilty/Self-accusation |
| CSSDS | 20 | 14 | Q2: I have low energy. & Q14: I take everything as a burden. | Energy loss |
|  | 20 | 14 | Q4: I have no interest in studying. & Q8: I find studying dull and uninteresting. & Q12: My grades are dropping. & Q16： I worry about my academic performance. & Q18: I lost the will to study. & Q20: My study efficiency is low. | Learning difficulties |
| CES-D-C | 20 | 16 | Q8: Was not happy & Q9: Felt down and unhappy. Q17: Was happy(R). & Q18: Had a good time. | Anhedonia |
|  | 20 | 16 | Q16: Something good going to happen & Q10: Things did not work out. | Sense of hopelessness |
| ADI | 31 | 29 | Q4: I feel sorry for others. & Q9: Nothing I do is going to make me better. | Guilty/Self-accusation |
|  | 31 | 29 | Q8: I can't pay attention in class. & Q16: I feel like I can't concentrate. | Concentration |
| CES-D-13 | 13 | 10 | Q2: Feel down. & Q4: Feel down. | Low mood |
|  | 13 | 10 | Q9: Feel happy. & Q11: Happy life. | Anhedonia |
|  | 13 | 10 | Q5: Work hard. & Q13: Can't get up. | Energy loss |
| HADS | 7 | 4 | Q4: I can laugh heartily and see the positive side of things. & Q12: I seem to be feeling my emotions gradually declining. | Low mood |
|  | 7 | 4 | Q2: I still have an interest in things I used to be interested in. & Q8: I have lost interest in my appearance (dressing up). & Q14: I can appreciate a good book or a quality radio or television program. | Interest loss |
| SMFQ | 13 | 12 | Q9: Feeling like a bad person. & Q13: Feeling like I've done everything wrong. | Guilty/Self-accusation |
| UPI | 12 | 11 | Q9: Lack of confidence & Q10: Feeling self-abased | Self-abased |

*Note.* Most of the items have been translated from the Chinese version into English, which may result in differences in meaning from the original English version.